

PET SAFETY

- If possible, update pet vaccinations and have your pet spayed or neutered.
- Have a sturdy pet carrier and collar/leash available.
- Plan for your pet to stay with a friend or relative.
- If you become a client at LACASA's shelter you may bring your pet to our on-site kennel facility, subject to a veterinary exam, provided free of charge by LACASA.

Items to include in an emergency bag:

- Pet Food
- Name and Phone of Current Veterinarian
- Copy of Recent Pet Health Records
- Pet Medications
- Favorite Pet Toys
- Current Animal License

PET PROGRAM

LACASA understands that pet abuse and interpersonal violence are strongly linked. It is because of this connection that LACASA will attempt to provide shelter to the family pets of shelter residents through our on-site kennel facility.

To protect the safety of all residents, LACASA reserves the right to refuse shelter to pets at any point, before or after admission.

LACASA SERVICES

- 24-Hour Crisis Response
- Emergency Shelter
- Counseling and Support Groups For Survivors
- Counseling and Support Groups For Family & Friends
- Court Accompaniment
- Legal Advocacy
- PPO Assistance
- Transitional Housing
- Assailant Services
- Community Education
- Consultation and Prevention Programs
- Pet Shelter Program for Shelter Residents



LACASA

BUSINESS OFFICE

2895 W. Grand River, Howell, MI 48843

Phone: (517) 548-1350

Fax: (517) 548-3034

TTY: (517) 548-0781

info@lacasa1.org

TOLL-FREE CRISIS LINE

866-522-2725



Abuse crosses all lines, including race, gender, sexual orientation, age, spirituality, income, mental and physical ability and size.

LACASA is committed to serving all individuals.



SAFETY PLANNING

For Survivors of Domestic Violence

Mission

LACASA believes that crimes of domestic violence, sexual assault and child abuse must be eliminated from our society; therefore, LACASA supports and shelters victimized adults and children, educates the community, and encourages positive action.

PERSONAL SAFETY

Creating your own safety plan:

- during a violent incident
- when preparing to leave
- at home, work and in public places
- for your children's safety
- for your pet's safety

Consider updating your plan regularly. Leaving an abusive relationship can be a dangerous time.

If you are in an abusive relationship:

- Identify exits in your home that you and/or your children will use in an emergency, including doors, windows, elevators and stairwells.
- Create a code word to use with neighbors, friends & family (including children), so that they can call 911 on your behalf if a violent incident occurs.
- If you choose to leave your home, have a safe place planned where you will go; friend, relative or shelter are options.
- Have an emergency bag packed for you and your children. Keep the bag hidden in a safe place or leave it with someone you trust. *Please see the emergency items list for things to include in your emergency bag.*
- When using phone, computer, internet or fax communications, be aware that your abuser may be able to track your activities.

If you recently left an abusive relationship:

- Change the locks on your doors.
- Inform your neighbors that your partner no longer lives with you. Ask them to call the police if they see him/her near your home.
- Inform your employer or a trusted co-worker about your situation. If possible, have someone screen your phone calls and walk you to and from your car. You might also consider changing your usual route to and from work.

Cell phones in an emergency:

- Consider acquiring a cell phone for emergencies.
- When calling 911 from a cell phone, immediately state your name and location.
- LACASA provides clients with free cell phones used to dial 911.

Child safety:

- Teach your child(ren) when and how to contact 911.
- Assist your child(ren) to identify safe places and people to turn to when needed.
- Consider safety issues when your child(ren) are at day care, school or public events.
- Help your child(ren) understand how to be safe and separate during violent incidents.

To develop an individualized safety plan, contact LACASA for free and confidential assistance.

Business Office: (517) 548-1350

EMERGENCY ITEMS

Items to consider packing if you leave:

- Driver's License
- Marriage License
- Birth Certificates (*Yours and Children*)
- Money
- Lease/Rental Agreement, House Deed
- Checkbook
- Insurance Papers
- Home & Car Keys
- Medications (*Yours and Children*)
- Address Book
- Pictures
- Medical Records (*Yours and Children*)
- Social Security Cards (*Yours and Children*)
- Public Assistance Identification
- School Records
- Work Permits
- Residency/Green Card
- Passport
- Divorce Papers
- Protection Orders
- Jewelry
- Children's Toys
- Partner's Social Security Number
- Partner's Driver's License Number
- Sentimental Items
- Pet Items (*See Reverse Side for Details*)

PROTECTION ORDERS

A *No Contact Order* may be issued following a domestic violence arrest. The order may remain in effect through sentencing. The order states that an assailant may not have contact with the victim during a specified time. The assailant may be ordered out of the home if it is shared with the victim.

A PPO (*Personal Protection Order*) is a court order filed by an individual. It may offer longer and more specific restrictions on assailant contact with the victim. LACASA is available to assist you in filing a PPO, free of charge.