

## PROGRAM ELEMENTS

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The Domestic Abuse Intervention Program is based on the national program modeled in Duluth, Minnesota.

The Domestic Abuse Intervention Program includes the following Elements:

- Intake and Assessment
- Orientation
- 40 Educational Sessions
- Exit Interview
- Services for Partners and Children
- Pledge of Non-Violence and Safety Planning

## CHECKLIST

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Have you ever used any of the following behaviors against your partner?

- Pushing
- Slapping
- Grabbing
- Pinching
- Throwing or Breaking Things
- Threatening to Hurt Your Partner or Others
- Preventing Your Partner from Leaving
- Following Your Partner Around
- Checking up on Your Partner
- Injuring Your Partner
- Not Allowing Phone Use
- Calling Your Partner Names/Racial Slurs
- Using Money to Intimidate
- Blaming Your Partner for Your Violence

If you would like to discuss your answers call DAIP at (866) 522-2725.



### BUSINESS OFFICE

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### 24-HOUR TOLL-FREE CRISIS LINE

(866) 522-2725



*Abuse crosses all lines, including race, gender, sexual orientation, age, spirituality, income, mental and physical ability and size.*

*LACASA is committed to serving all individuals.*



## DAIP

Domestic Abuse Intervention Program  
*A Program for Individuals Who Batter*

### *Mission*

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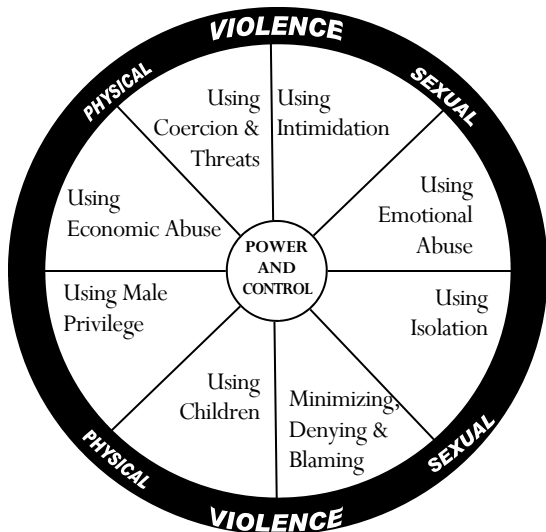
*LACASA believes the crimes of domestic violence, sexual assault and child abuse must be eliminated from our society; therefore, LACASA supports and shelters victimized adults and children, educates the community, and encourages positive action.*

## UNDERSTANDING ABUSE

Domestic violence is an established pattern in which one individual uses tactics to control the behavior and maintain power over another person. These tactics can include physical, verbal, emotional, economic and sexual abuse, threats, isolation and intimidation.

Some individuals blame their partner or alcohol or drugs for their violence. Some claim they were angry and “lost” control. Blaming someone else will not make the problems go away. The use of violence and abuse is unacceptable.

The power and control wheel below demonstrates behaviors that are used to establish control.



## PROGRAM GOALS

- To protect the victim
- To stop the violence
- To help people recognize that they are responsible for their own behavior
- To explore non-violent and non-controlling ways of relating
- To challenge current belief systems out of which men who abuse operate
- To provide support and information for those who wish to change
- To make fundamental changes in the community's response

“At first I smashed things and then I started pushing and hitting her. When she was afraid, I always got my way. I was in control. When I finally stopped to think about what I was doing, I felt bad. I had hurt everyone around me, my kids, my wife, my friends.”

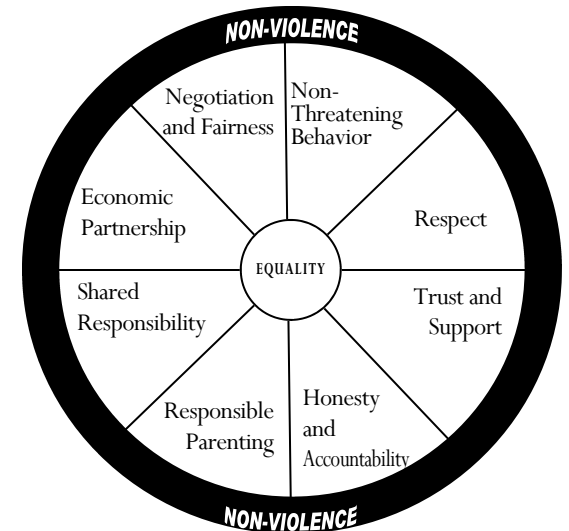
*Jim*

“When I was arrested, I was mad at everyone—the police, my girlfriend, this program—everyone. These groups really helped me. I can see now what I was doing and I deal with my problems a lot differently now.”

*David*

## STOPPING THE VIOLENCE

The Domestic Abuse Intervention Program provides a psycho-educational program for individuals who have used violence. The DAIP also work closely with the police, court system, prosecutor's office, probation, victim services, protective services and human service providers, in order to provide a total community response to domestic violence. The goal of the DAIP is to stop violence and teach equality in relationships.



To schedule an intake for the DAIP Program, contact LACASA for confidential assistance.

(866) 522-2725